

JANUARY 2023 RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns Contact Nutrition Services (530) 743-4428 or mdelong@plusd.org

	Monday	Tuesday	Wednesday	Thursday	Friday
	NO SCHOOL	Buttermilk Bar Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Bagel Mini Strawberry Creamy Cheese Filled Or Cereal Variety of Fruit & Juice	French Toast Sticks Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Fresh Baked Cinnamon Roll Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice
	Pancake Wrap Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Pizza Bagel Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Apple Frudel Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Pop Tarts Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Fresh Baked Cinnamon Roll Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice
	NO SCHOOL	Mini Pancakes Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Assorted Muffins Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Mini Waffles Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Fresh Baked Cinnamon Roll Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice
/	Buttermilk Bar Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Turkey Sausage Breakfast Pizza Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Bagel Mini Strawberry Creamy Cheese Filled Or Cereal Variety of Fruit & Juice	French Toast Sticks Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Fresh Baked Cinnamon Roll Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice
	Pancake Wrap Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	Pizza Bagel Bagel w/ Cream Cheese Cereal Bowl Variety of Fruit & Juice	wi 19	meals are served th the choice of % white milk or onfat chocolate milk.	Wo will

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

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Friday Thursday Wednesday Monday Tuesday Ham & Cheese Melt Corn Dog Twin Cheeseburgers Domino's Smart Slice Cheese Or Veggie Croissant Or Cheese Pull Aparts Or Grilled Cheese Sandwich Or Pepperoni Pizza Steamed Corn **Tater Tots** Steamed Corn NO SCHOOL Caesar Salad - Cucumber Broccoli Salad - Salad Baby Carrots - Salad Baby Carrots - Salad Sticks Pear – Diced Peaches Apple - Mixed Fruit Apple – Mixed Fruit Variety of Fruit Gold Fish Crackers Fruit Roll Up Chips Hamburger Chicken Nuggets Taco Pocket Chicken Double Dogs Domino's Smart Slice Cheese Or Sunbutter & Jelly Sandwich Macaroni & Cheese Or Bean & Cheese Pupusa Or Soft Pretzel w/ Cheese Or Pepperoni Pizza **Baked Beans** Tater Tots Elote Corn - Salsa - Sour Cream Green Beans Caesar Salad - Cucumber Broccoli Salad - Salad Baby Carrots - Salad Celery Sticks - Salad Baby Carrots - Salad Sticks Pear - Diced Peaches Apple – Mixed Fruit Orange – Diced Pears Apple – Pineapple Chunks Variety of Fruit Goldfish Crackers Rice Krispie Treat Tortilla Chips Fruit Roll Up Chicken Sandwich Pizza Pocket Beef Taco Stick Domino's Smart Slice Cheese Or Sunbutter & Jelly Sandwich Or Chimi Nada Or Bean & Cheese Burrito Or Pepperoni Pizza Mashed Potatoes - Salad Green Beans NO SCHOOL Refried Beans Caesar Salad - Cucumber Shredded Lettuce - Tomatoes Baby Carrots - Salad Broccoli Salad - Salad Sticks Pear – Diced Peaches Apple - Pineapple Chunks Orange - Diced Pears Variety of Fruit Fruit Roll Up Ice Cream Cup Goldfish Crackers Tham & Cheese Melt Orange Chicken Rice Bowl Corn Dog Twin Cheeseburgers 📝 Domino's Smart Slice Cheese Or Veggie Croissant Or Cheese Pull Aparts Or Black Bean & Rice Bowl Or Grilled Cheese Sandwich Or Pepperoni Pizza Steamed Corn **Tater Tots** Stir Fry Veggies Steamed Corn Caesar Salad - Cucumber Broccoli Salad - Salad Baby Carrots - Salad Baby Carrots - Salad Baby Carrots - Salad Sticks Apple - Mixed Fruit Pear - Diced Peaches Apple - Pineapple Chunks Apple - Mixed Fruit Variety of Fruit Gold Fish Cackers Fruit Roll Up Ice Cream Cup Chips Chicken Double Dogs Taco Pocket All meals are served Or Bean & Cheese Pupusa Or Soft Pretzel w/ Cheese with the choice of Elote Corn - Salsa - Sour Cream Green Beans 1% white milk or Celery Sticks - Salad Baby Carrots - Salad nonfat chocolate Orange - Diced Pears Apple - Pineapple Chunks milk. Tortilla Chips Fruit Roll Up

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